

THE CENTER FOR THE STUDY OF AGING AND CLINICAL APPLICATIONS (CSCSA)#

Presenter Bios

Tybe Diamond, MSW has chaired the program for the Study of Aging & Clinical Applications since it began in 2008. She is in private practice in Washington and provides psychotherapy to individuals, couples, groups and families. She also provides organizational consulting to non-profits, family businesses and governmental entities. She has served on three clinical faculties at the former Washington School of Psychiatry, now the New Washington School of Psychiatry and is a long-term faculty member of the couples training program at the Institute for Contemporary Psychotherapy & Psychoanalysis.#

Irene V. Jackson-Brown, PhD, CSA, CMC, CDP is an applied gerontologist in private practice. She provides consultative services as a geriatric care manager to individuals, families, and other entities that are impacted by an aging loved one and an aging population. With an expertise in aging, she considers the social, health/medical, legal, and financial issues that accompany aging. Her book, *Eldercare as Art and Ministry* (2020), springs from her journey as a family caregiver.#

Venus Masselam, PhD, LCMFT, CGP is a life span developmental psychologist in private practice for individuals, couples, families, and supervisees. While she has worked with every life stage beginning with adolescents, she currently focuses on the Aging Adult stage (55 years old and up). She has a lifelong interest in diversity and “othering” having been born in the United States to Syrian and Lebanese Christian immigrant parents.#

Yara Moustafa, MD, PhD is board certified in psychiatry and neurology with additional certifications in hospice and palliative medicine, and addiction medicine. She is a senior associate consultant at Mayo Clinic and assistant professor of psychiatry at Mayo Clinic College of Medicine. She has been an attending psychiatrist at St. Elizabeth’s Hospital Psychiatry Residency Program, Department of Behavioral Health and an assistant professor in psychiatry at George Washington University Medical School, and a host of professional endeavors. #

Judith R. Peres, LCSW-C is a clinical social worker and policy analyst in aging and palliative care. She maintains a private clinical psychotherapy practice focusing on aging, transitions, palliative care and mind/body health. She uses cognitive-behavioral and mindfulness-based stress reduction techniques to assist older persons and their families to cope with the vicissitudes of aging. As an expert consultant on LTC (long term care) and palliative end-of-life care, she presents and consults with a host of entities and organizations.#

George Max Saiger, MD is a geriatric psychiatrist who is certified by the American Board of Psychiatry and Neurology, with a special interest in group psychotherapy. Having completed the Group Psychotherapy Training Program of the Washington School of Psychiatry. He served on the faculty of that program for many years, and later in the School's Center on Aging and Its Clinical Applications, of which he was a founding chair. He maintained a clinical practice for almost five decades and worked in various health/medical settings.#

Margo Silberstein, EdD is a psychologist and psychodramatist. She trained in the 1970s at St Elizabeth's Hospital and directed psychodrama services with community members across the life span. She is a faculty member of the Center for the Study of Aging and formerly of the Intensive Short Term Dynamic Psychotherapy (ISTDP) Programs of the New Washington School of Psychiatry.#

Host Bio

Rob Bamberger, MSW, graduated from the Social Work program at George Mason University. He also holds a B.A. and M.A. in History from UCLA. He leads and co-facilitates caregiver support groups at IONA Senior Services, and co-leads a therapy group comprised of individuals in their 70s and 80s discussing issues facing Aging Adults. He's a member of the Institute of Contemporary Psychotherapy & Psychoanalysis [ICP&P], the Mid-Atlantic Group Psychotherapy Society [MAGPS], and was himself a student of the Aging and Clinical Applications Program before being invited to serve on its Steering Committee. Saturday evenings, you will find him hosting the long-running program, Hot Jazz Saturday Night, which airs live on public radio affiliate WAMU (88.5 FM).